



DIOCESE OF COLUMBUS

# CATHOLIC TIMES

*A journal of Catholic life in Ohio*



FEBRUARY 16, 2014  
THE 6<sup>TH</sup> WEEK IN ORDINARY TIME  
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The Editor's Notebook

# Body and Soul

By David Garick, Editor

*"A joyful heart is good medicine, but a broken spirit dries up the bones."*

Proverbs 17:22

Health care is a major topic of discussion these days. We all want to have good health. We want to feel good and be free of illness. And we certainly want to overcome the injuries that may befall us. Thankfully, medical science has provided us with knowledgeable and well trained doctors, nurses, and related medical professionals and a host of modern drugs, tools, and therapies to deal with our physical ailments.

But we are much more than our physical bodies. Our physical health is intrinsically connected to our spiritual health. Now I'm not saying that living a good spiritual life will protect you from illness and injury. But we can do quite a bit by respecting our bodies and caring for them as a precious gift from God, as St. Paul tells the Corinthians: *"Do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own? For you have been bought with a price: therefore glorify God in your body."* So if one of your New Year's resolutions was to take better care of yourself, how are you doing with that? Getting into better shape is not just a matter of getting back into a slimmer pair of jeans, but involves linking our physical bodies with our spiritual need to live a life that is directed to God.

When illness and injury strike, we especially need our spiritual strength to help nurture and restore our physical

health. It is very easy in times of pain and suffering to despair and to allow our spirits to be dragged down by the ordeal we are going through. It is during these times when our spiritual health is most important. Even the greatest miracle drugs and modern medical tools cannot fully restore us to health if we lack the spiritual will to overcome our ailments and to direct our bodies to respond to those treatments and to look to the future with a sense of peace, confidence, and hope.

Sometimes that's easier said than done. That's why health care has been so important to the church. Our priests, deacons, and religious, as well as our doctors, nurses, and counselors have always played a significant role in helping people find the source of their spiritual strength at the same time that they help us with our physical needs. You can read more about some examples of how this is happening here in the Diocese of Columbus in this edition of *Catholic Times*.

Affliction comes to all of us. We deal with it best when we remember that the Good Shepherd is always there to protect and guide us.

*"Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God. Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus."*

Philippians 4:6



## Catholic Youth Rally set for March 8-9

Catholic teens in the Diocese of Columbus are invited for a weekend of music, inspiration, making new friends, and celebration of their Catholic faith with Bishop Frederick Campbell at the 2014 Diocesan Youth Rally on Saturday and Sunday, March 8 and 9, at Westerville St. Paul Church, 313 N. State St.

The rally will feature Jesse Manibusan, an inspirational speaker and Christian music artist who was master of ceremonies at the 2013 National Catholic Youth Conference in Indianapolis.

The event also will include workshops on topics including human dignity, teamwork, maintaining healthy relationships, the lives of the saints, and deepening prayer

life, as well as small-group discussion with Bishop Campbell. In addition, there will be a workshop for adult leaders on how to make all teens feel welcome in the parish community.

Parents are invited to the closing Mass on Sunday at 2:15 p.m. To register, contact your parish youth minister, religious education director, Catholic school teacher, or pastor. Advance registration is required. Interested high school students should register through their parish youth ministry leader.

The cost is \$65 for both days and includes lunches, dinner on Saturday, and a T-shirt.

Registration forms and information are available on the web at [www.youthministry.coldsdioc.org](http://www.youthministry.coldsdioc.org).

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**CATHOLIC TIMES**

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**Front Page photo:**  
 Since 1997, Mount Carmel Medical Center has offered a program designed to help people recover from the emotional pain often resulting from traumatic events.

Photo courtesy Mount Carmel Health System

# CATHOLIC MAN OF THE YEAR 2014

BY TIM PUET

Reporter, Catholic Times

Mike Stickle said it wasn't easy for him to receive the 2014 diocesan Catholic Man of the Year award.

"You guys don't know how much this really hurts," he said, echoing comments by those who nominated him for the award and said his humility would make him reluctant to accept the honor.

"I'm just a simple man trying to do simple things," he said after being given the award by Bishop Frederick Campbell at the Catholic Men's Luncheon Club meeting at Columbus St. Patrick Church on Friday, Feb. 7. "God has blessed me in so many ways, and my greatest blessing is his love and his mercy that he has shown in my life to me."

He said another great blessing was to have Sister Mary Giles, OP, as his first-grade teacher at Newark St. Francis de Sales School. "She taught her class a very simple lesson, and that lesson is that God is love, that everyone is made in God's image and likeness, and that God gives everyone special gifts that

we are called to share with each other," Stickle said.

He said he was accepting the award on behalf of all the men of the diocese, then thanked his wife, Sharon, for 33 years of unconditional married love. He also expressed gratitude to many others, including his children, Jack, Sarah, and Kate; his first grandson, Ellis Palmer; his father- and mother-in-law, for letting him have their daughter in marriage; the Children of Mary religious community, for their hours of prayer and Adoration of the Blessed Sacrament for the clergy of the diocese; and the people who wrote letters of support for his nomination.

He closed his remarks by noting the recent death of a family member due to substance abuse and asking for prayers for the families of all those affected in a similar way.

Speaking on his behalf before the award presentation were his pastor, Father Jonathan Wilson of Newark Blessed Sacrament Church, longtime friend Kevin Pugh, and his son-in-law, Brian Palmer.



Bishop Frederick Campbell presents the Catholic Man of the Year award to Mike Stickle. Father Jonathan Wilson, pastor at Newark Blessed Sacrament, is at right. (CT photo by Tim Puet)

"Our Lord has taught us to pray, fast, and give alms in secret," said Father Wilson. "Receiving this award is really a sacrifice for you, Mike, because you haven't done any of these things for praise and recognition."

He said Stickle has provided many examples of sharing the light he received at baptism, some of which have involved providing light in its literal sense by changing bulbs and Christmas decorations and installing a security light in the parish. He also mentioned Stickle's involvement in chaperoning trips to the March for Life in Washington and offering hospitality to visiting priests, praised the witness given by him and Sharon in their marriage and family life, and said Stickle was "the last guy standing at the (parish) festival tearing things down at 1 or 2 in the morning."

Pugh said that although he knew Stickle wouldn't welcome the attention the award would bring, he was deserving of it because, especially in the three years that Pugh has been a Blessed Sacrament parishioner, "everywhere I turned, I saw Mike quietly getting things done."

He noted that when he was having difficulty getting the "That Man Is You!" men's faith-sharing program started in the parish, he asked Stickle for help. The honoree responded by greeting men at church with a handshake that wouldn't let go until the men said they would consider taking part in the program. Pugh said.

He said Stickle's efforts played a major role in the program having more than 40 participants last fall and having

more than 50 men sign up for a follow-up this spring.

Palmer said he has considered his father-in-law to be a saint since shortly after he began dating Stickle's daughter, Sarah, now his wife, seven years ago. Palmer, a Methodist, said Stickle has made him a better practitioner of his own faith tradition "because he has helped me and many others become closer to what really matters in life."

"I can almost guarantee that Mike would like to be here today in support for someone else other than himself," Palmer said, adding that "he would not have allowed his name to be submitted" if he had known of it in advance.

He said his father-in-law was "the only volunteer I know that would provide, deliver, and guide a donkey for our local ecumenical Palm Sunday procession" that travels to all the churches in downtown Newark. He described Stickle as "a tall man who takes long strides through life, putting his faith into practice" and who has taken a quote by Blessed Mother Teresa about the importance not just of good deeds, but of putting love into those deeds, and taken it to the next level.

In presenting the award, Bishop Campbell said the descriptions he heard of Stickle reminded him of St. Joseph, who never is quoted in the Bible, and of whose example it has been said, "He was quiet, and he did it."

Stickle, 59, is a lifelong Catholic who supports his parish in many ways, in-

See CATHOLIC MAN, Page 14

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## PRACTICAL STEWARDSHIP

By Rick Jeric

### Warmer

Did you spread some real warmth around last week? The cold and ice just refuse to go away. Even after we survived the deep freeze of January and the named storms of early February, the weather continues to help us forget about the theory of global warming. The seasons come and go, and somehow we learn to deal with the cold and snow emergencies. Cold gives way to warmth, and snow and ice eventually melt. Mother Nature puts us through these annual cycles, and we assimilate without too much effort. Our lives as good and faithful stewards of the Gospel of Jesus Christ can reflect similar cycles. We sin, repent, seek and receive forgiveness, and then do it all over again. Of course, we can conquer and get beyond certain sins and weaknesses. But as weak humans, we tend to go in cycles and fall into the same traps over and over again. We succumb to temptation. Our challenge remains to melt the cold and ice in our lives. As each "winter" comes back around, our hope is that each one is more mild than the past. Let us continue to warm others with our smile, faith, and example.

Last week, I attempted to provide warmth with six suggested ways to do good things for ourselves and others. This week, I have more to share. Certainly, one week is not enough time to share our warmth. We must get warmer and continue to do the good things that we already do, and never tire of adding more service to our lives each day. Sometimes a list of suggestions can be helpful. Choose one or two and commit to them for one week. Come back to them from time to time as the Spirit moves you. If you are already doing some of these, give yourself a gold star, and see if you can add one or two of the others.

Try getting warmer spiritually by praying the rosary by yourself. Pray it each day for one week in quiet solitude. Pray and listen. Try one hour of spiritual reading. You can certainly use the Bible. Begin with Genesis in the Old Testament. Read as much as you can each day, and spend some quiet time in reflection. See how many days it takes you to read the entire Old Testament. Then move on to the New Testament. This is a great exercise for the next few months. If you prefer something else, let me suggest some reading on stewardship. Go to the website for the International Catholic Stewardship Council at [www.catholic-stewardship.org](http://www.catholic-stewardship.org) and search all the great resources available. For your reflection and meditation time, try doing some physical exercise at the same time. Get your body warmer while your mind and spirit are doing the same. At work, spend a coffee break with a co-worker. Stop and spend some time with someone you may not know well. Make the love of Jesus Christ warmer by your presence. If there is someone new on board, start with them.

Our practical challenge this week is to actually do some of these suggestions. And to help keep us focused, here are two more things we can do very easily. Pick a weekday and go to daily Mass. Enjoy and participate in the celebration. Receive the Eucharist for strength and grace. At home, work, or in the car, give our Catholic radio station a try. St. Gabriel Radio has some good material, especially our local programs. They are found at 820 AM, and there is always something to think about and reflect upon. Stay warmer!

Jeric is director of development and planning for the Columbus Diocese.



## Columbus Theology on Tap

This month's meeting of Columbus Theology on Tap will be from 7 to 9 p.m. Thursday, Feb. 13 at the El Vaquero restaurant, 3230 Olentangy River Road, Columbus. Speaker Deb Sabo, an instructor from Ohio Dominican University, will talk about the changing view and role of women in church history.

Her topics will include the roles of the Blessed Mother and Mary Magdalene

(and the misappropriation of Mary Magdalene as a prostitute) and other women saints. She also will talk about Vatican II and how it changed the role of women in the laity, and about Pope Francis' recent call for a new, deeper theology of women.

Theology on Tap is an invitation for young adults to learn more about their faith and to share in their Catholic community.

### "Landings" at St. Thomas More Newman Center

Landings, a ministry of the Paulist Fathers and the reconciliation team at the Columbus St. Thomas More Newman Center, is an eight-week program geared toward welcoming returning and inactive Catholics. The next session will begin at 7 p.m. Tuesday, Feb. 18 at the center, 64 W. Lane Ave.

In this program, a group of active

Catholics, some of whom are "returnees" themselves, join with participants to share and explore their faith together. Landings offers a safe place to be listened to, a place for understanding and healing, and a place to ask questions.

For more information, contact Ed Orzen at (614) 313-7801 or [landings@buckeyecatholic.com](mailto:landings@buckeyecatholic.com).

### "Come and See" Retreat with Dominican Sisters

The Dominican Sisters of Peace invite single Catholic women aged 18 to 45 to a "come and see" vocations retreat from 4 p.m. Friday, Feb. 14 to noon Sunday, Feb. 16, at their motherhouse, 2320 Airport Drive, Columbus.

Participants will get a chance to share

in prayer, Dominican community life, and the Eucharist as they explore their vocation call. Transportation assistance may be available.

To register or for more information, contact Sister Pat Dual, OP, at (614) 216-7688 or email [pdual@oppeace.org](mailto:pdual@oppeace.org).



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## ANNUAL BOSCO BASH RALLY



Bosco Bash participants pose during a break.

A group enjoying warmup songs.



About 450 sixth- through eighth-grade students and adult leaders from throughout the diocese attended the annual Bosco Bash rally on Saturday, Feb. 1 at Westerville St. Paul Church and School. The event was organized by the diocesan Office of Youth and Young Adult Ministry, in collaboration with several parish youth ministers and the Diocesan Youth Council. It coincides with the feast of St. John Bosco, the patron saint of youth. This year's theme was "Glory Revealed." Keynote presenter Mike Patin challenged the young people to find God's work revealed in their everyday lives and to embrace it. He talked about building relationships based on respect and a common core of Catholic beliefs and shared dignity, in a high-energy presentation that kept participants laughing and moving. The Station 14 band provided lively, spiritually moving music. The event closed with a Mass celebrated by Father Charles Klinger, pastor of St. Paul Church.



## Diocese of Columbus Child Protection Plan

**It is the goal of the Diocese of Columbus to make the Church a place of safety:** a place of prayer, ministry and comfort. Everyone who enters our churches, schools, or facilities must be confident in this. Not one child or young person should suffer from abuse while at Church. In order to assure the safety of our youth, the Diocese of Columbus has enacted a complete program of protection. As part of this program, the Diocese of Columbus will provide appropriate, just, and pastoral care for anyone who has suffered the crime of sexual abuse of a minor at the hands of diocesan clergy or church employees or volunteers. The Diocese of Columbus will report any and all allegations of abuse reported to it to the authorities and will cooperate fully with those authorities.

**Help is available:** The Diocese of Columbus wants to hear from anyone who has suffered. If you wish to report an allegation of abuse or need pastoral and/or clinical care in order to begin or continue the process of healing from sexual abuse as a child at the hands of a member of the clergy or a church employee or volunteer, simply call the diocesan Victims' Assistance Coordinator. You can find contact information at the bottom of this notice. If you wish to receive a copy of the diocesan complaint form or any of the diocesan policies and procedures, simply call the number below or visit the diocesan web site at [www.colsdioc.org](http://www.colsdioc.org)

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## CATHOLIC CEMETERIES Spring Clean-up!

**CEMETERY** field workers will be removing winter-time and artificial decorations from graves and mausoleums at all Catholic cemeteries beginning March 3, 2014.

**WE** request that families wishing to retain any personal keepsakes, to please remove them by March 3.

**DUE** to the number of decorations involved, the cemetery staff can not be responsible for collecting or storing personal items. Thank you for your cooperation.

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## On watching movies with certain ratings; toys in church



### QUESTION & ANSWER

by: FATHER KENNETH DOYLE  
Catholic News Service

Q. What is a Catholic's obligation regarding the movie ratings issued by the Catholic News Service? Are they binding? For example, is it a sin to see films rated "O--Morally Offensive"? Not that any good Catholic would want to see most of these films, but on occasion there is an "O" film where the rating seems unwarranted. Or what if a parent allows a teen to see a movie rated "A-III--For Adults"? (Columbus)

A. The ratings are meant as guidelines. They do not bind in conscience. At the same time, they offer a valuable resource, particularly for parents in choosing what is appropriate for their children. The ratings and reviews evaluate a film from a spiritual, moral, and artistic point of view against the background of the church's teachings and of Judeo-Christian values. So I don't believe that a faithful Catholic should take them lightly.

After you have read a review, I would recommend deciding whether to attend based on what you know of yourself, avoiding what might be troublesome morally.

Films are classified as "O" or "morally offensive" when they "feature excessive violence, gra-

uitous sexuality or are laden, for no artistically valid reason, with non-stop vulgarity," according to the ratings page of Catholic News Service. Films that directly contradict church teaching on such matters as suicide, adultery, euthanasia, abortion, or violent revenge also get this rating, "no matter how lauded some of them may be by the secular press."

Such a rating is not given lightly, so I would agree with you that rarely would seeing a film rated "O" be justified.

As for whether to allow your teenager to see a film rated as acceptable only for adults, if it were my child, I would want to first see the film to make a safe and informed judgment as to how he or she might receive it and react.

Q. When are priests going to tell parents to leave the children's toys at home? I see tractors and cars roaming across pews, little soldiers conducting wars, and even monster figures. We are just a couple of ticks away from every child's being there with iPads and movies. We used to believe that children could learn self-control by sitting quietly at Mass and not needing to be entertained. (La Crosse, Wis.)

A. Topics like this are always chancy, because people have a range of opinions, often strongly held. But I'll run the risk and give you my take.

It depends a lot on age. By the time a kid is 4, I would hope that he or she were starting to pay some attention in church, or at least sitting quietly. But when the child is 2, let's say, I have no problem with bringing toys -- depending on the toys.

My least favorite are trucks and Super Balls. We have a sloped church, and more than once I've been "attacked" at the altar by a rumbling 18-wheeler toy truck or a high-bouncing spheroid.

Though not a toy, Cheerios are on my "non-preferred" list. (I'd rather not spend Sunday afternoons picking cereal out of seat cushions.) Coloring books would be fine, except that they involve crayons, which leave reminders of their presence.

Bringing stuffed animals is fine, and books with thick pages are acceptable (although even they can become noisemakers, should the toddler decide to throw them).

Having said all that, I'm just delighted to see little children in church, and I admire and applaud parents with the patience to bring them.

Questions may be sent to Father Kenneth Doyle at [askfatherdoyle@gmail.com](mailto:askfatherdoyle@gmail.com) and 40 Hopewell St., Albany, N.Y. 12208.



### Sacred Heart students score at science fair

Seven Coshocton Sacred Heart School students earned a superior score on projects at the school science fair, making them eligible for the Coshocton County science fair this month. They are (from left): Connor Stevens-Woolery, Anna Richcreek, Jonathan Lyons, MaryAnn Lozowski, Grace Gottwalt, Lacey Richcreek, and Sydney Stewart. Gottwalt and Lacey Richcreek are sixth-graders. The others are in fifth grade.

Photo courtesy Sacred Heart School

### St. Brendan Dinner and Auction Event

Plans are under way for Hilliard St. Brendan School's 11th annual dinner and auction, "Celebrating Mardi Gras," which will take place Saturday, March 1 at the school, 4475 Dublin Road.

The evening for adults will include live and silent auctions, raffles, hors d'oeuvres, drinks, dinner, live music, and dancing.

Sponsored by the Home and School Association, the auction raises money to pay for many things that the school otherwise would have to do without. Past proceeds have been used to help

pay for new playground equipment, new mulch, computers, carpet, windows, bathroom updates, and new doors, along with significant contributions to the school's tuition assistance fund.

For more information, visit the auction webpage by going to the school website at [http://www.stbrendans.net/pages/StBrendan\\_Church\\_School/SCHOOL](http://www.stbrendans.net/pages/StBrendan_Church_School/SCHOOL), or contact one of the auction chairs, Stacy Meloun at (614) 917-7151 or [stacymeloun@yahoo.com](mailto:stacymeloun@yahoo.com), or Kathy Torbert at (614) 519-1069 or [kathy.torbert@gmail.com](mailto:kathy.torbert@gmail.com).

### Medicare Presentation at Our Lady of Perpetual Help

Grove City Our Lady of Perpetual Help Church will continue its "Faith, Family, Future" series on Tuesday, Feb. 25 with an hourlong presentation by Seniority Benefit Group.

The program will focus on what seniors need to know about Medicare enrollment when planning retirement in the coming year.

It will allow individuals to learn the

basics about Medicare and their options beyond Medicare Parts A and B, including Medicare supplements, Medicare Advantage, prescription drugs, time frames, and resources.

Reservations may be made at (614) 875-3322.

The church is located at 3730 Broadway, Grove City. The free program will take place from 7 to 8 p.m.

### Charismatic Mass

The Columbus Catholic Charismatic Renewal will sponsor a charismatic Mass at 7 p.m. Wednesday, Feb. 26 at Columbus St. Elizabeth Church, 6077 Sharon Woods Blvd. The Mass

will be preceded by praise and worship at 6 p.m., and will be followed by a coffee-only fellowship.

For more information, call (614) 914-8556.

## Philosopher and legal scholar to speak on religion in the courts

Legal and political philosophy expert Francis J. Beckwith will speak at Franciscan University of Steubenville on at 7:30 p.m. Thursday, Feb. 20. His talk on "Taking Rites Seriously? How Courts and Legal Scholars Diminish Religious Belief," will take place in the Tony and Nina Gentile Gallery of the J. C. Williams Center.

Beckwith will examine the views of legal scholars who argue that religious worldviews are unreasonable and that religiously informed policy proposals have no place in a secular liberal democracy. He will explain why these scholars are mistaken and how their mistakes arise from a deep ignorance of the nature and content of religious beliefs in general and Christian beliefs in particular.

Beckwith is professor of philosophy and church-state studies at Baylor University, where he serves as assistant director of the graduate program in phi-

losophy and co-director of the program on philosophical studies of religion.

He is the author of several books, including *Politics for Christians: Statecraft as Soulcraft*; *Return to Rome: Confessions of an Evangelical Catholic*; and *Defending Life: A Moral and Legal Case Against Abortion Choice*. He has published articles about politics, culture, and religion in many academic journals and has spoken for several Christian ministries throughout his career.

Beckwith's talk is part of the university's spring 2014 distinguished speaker series, during which Franciscan is hosting leaders who integrate their faith and public life and inspire the next generation to be a transforming presence in the Church and society.

The talk is free and will be co-sponsored by the university's Office of Academic Affairs and the Henkels lecture series.


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**THE CATHOLIC FOUNDATION**

## Matt Fradd to speak at St. John Neumann

Matt Fradd is Australian by birth and Catholic by choice. After experiencing a profound conversion at World Youth Day in Rome in 2000, he committed himself to inviting others to know Jesus Christ and the Church He founded.

As a missionary in Canada and Ireland, Fradd proclaimed the Gospel to more than 10,000 teens and young adults. He also has served the Church through full-time lay ministry in Australia, Ireland, Canada, and Texas. He lives with his wife and children in southern California, where he works as an apologist and speaker with Catholic Answers.

He best demonstrates his infectious passion for the faith when he speaks about the wounds that pornography inflicts, the healing that Christ offers in the Sacraments, and the freedom the Church proposes in its teachings on the virtue of chastity.


Myths such as "It's just harmless entertainment," "It's not like I'm supporting the industry," and others prevent people from seeing pornography for what it truly is: a diabolical counterfeit for love.

In an entertaining presentation, Fradd exposes what he believes are seven of the most-common

myths about porn. Then he untwists the lies, shines light on the darkness, and offers hope to those who are ready to reject the counterfeit and embrace the truth. He backs up his arguments with startling statistics, real-life stories, and the rock-solid wisdom of the Church's teachings on human sexuality. With patient understanding and firm resolve, he points those who are addicted to or who have been wounded by pornography to the only source of true freedom and lasting healing: Jesus Christ and the Sacraments.

Fradd will speak at Sunbury St. John Neumann Church, 9633 E. State Route 37, at 7 p.m. Sunday and Monday, March 2 and 3. The March 2 presentation is for eighth- to 12th-graders and their parents. The March 3 program is open to all adults. If someone you know and love is struggling with this addiction, come and invite anyone you think will benefit from Fradd's message. His new book *Delivered* will be available at each presentation, along with many other valuable resources.

You can learn more about Matt Fradd and this program at [Catholic.com](http://Catholic.com). If you have questions or want more information, contact the St. John Neumann parish office at (740) 965-1358.



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## NEW ODU PROGRAM OFFERS EXPANDED FORMATS

Ohio Dominican University, which is in its 20th year of offering working adults an opportunity to earn their degree, has announced significant enhancements to its adult education program to better serve the needs of current and future students.

The program has changed its name from LEAD (learning enhanced adult degree) to adult and continuing education. This more accurately represents the university's offerings, and better reflects its goal to pursue additional degree and certificate programs for adult learners. It also has relocated from a building on Airport Drive near the campus to the Sunbury Road campus itself, meaning students will have easier access to the university's academic and business resources.

In addition, it has identified a permanent location for ODU's Dublin campus so it can better serve the needs of students who live and work in the north-west suburbs, and it has restructured ODU's master of business administration program, making it easier for prospective students to explore and compare all of the formats in which they can earn an MBA.

"More adults are pursuing a college education now than ever before, and they desire a program

that is flexible, convenient, and helps them gain real-world knowledge, tools, and skills they can use to move forward in their career," said Karen Gray, ODU's executive director of adult education. "These improvements modernize and strengthen almost every aspect of ODU's adult and continuing education program, from its market-sensitive curriculum to the convenient locations in which students may attend class."

ODU launched its LEAD program in 1995. Since then, it has helped more than 2,600 students achieve their degree. The program offers classes at ODU's Dublin location on Blazer Parkway and at the main campus. The following degrees and certificates are available: associate of science in business administration; bachelor of science in accounting; bachelor of science in business administration; certificate in accounting; and master of business administration. ODU also recently launched a master of science in medical practice management, as well as a certificate option.

For more information on adult and continuing education at ODU, visit [www.ohiodominican.edu/adult](http://www.ohiodominican.edu/adult) or call (614) 251-7400.

## Volunteers needed

The St. John Learning Center in Columbus is looking for volunteers to assist with high-school equivalency (GED) diploma and computer classes. Most volunteer times would be in the evenings or on Saturday. Also needed are college interns who could assist with volunteer recruitment and management.

The center, in the former St. John the Evangelist School at 640 S. Ohio Ave., has been providing educational opportunities on the city's near south-east side for more than 20 years. Its mission is to promote literacy, learning, and leadership. Its main emphasis has been on GED and computer training.

In addition, the center offers youth programs and exercise classes and publishes the *05 Live* newsletter, which highlights programs and businesses in the 43205 ZIP code area.

## St. John Neumann Open House

Sunbury St. John Neumann Church is swinging open its doors on Sunday afternoon, Feb. 16, for an informal look at its expanded worship space.

The community is invited to explore the church and learn about its history, art, magnificent stained-glass windows, and more during free 20-minute guided tours. Light refreshments will be provided in the Faith and Family Center.

The church is located at 9633 East State Route 37.



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## For Love

They say that great men are forged by fire and that it is the privilege of lesser men to ignite the flame. I disagree. I believe that by our sacrifice and by our love, we contribute to the people we are today. Our families are so inundated with distractions that we forget the important things needed in everyday living. It is the small things we do for each other that count. Every one of us has a role to play in the lives of our friends and our children.

They also say that the family is dead in society today – a fact not lost on countless pundits who deem to express their opinions on a mind-numbing basis. For us to survive, we must block out the white noises we hear from all sides and come to a place where the only voice we hear is God's. With our

busy schedules, it can be a daunting task, but we must make the time to sit and reflect. He speaks to us in whispers and in the eyes of our children, and we need to be ready for His message.

It is not for us judge one another, but to understand. The next time you argue with your spouse or son or daughter or neighbor or friend, think of the power of three simple words – "I forgive you" – words that can change a world. It is together that God unites us in a bond that no one can take away. We are blessed to have the support and love of our family. Let us pass that on to others who seem to be struggling in society.

So much of the way we react to unfamiliar environments is built into our human nature. We are afraid of

people and things that are different from ourselves. Rather than try and understand, we mock and ridicule. Our self-righteousness can be something that drives us away from learning about others.

God sets each person on par with others, not to separate, but to bring us closer together as a family in love, in peace, and in harmony. Much like music, it gives us a better appreciation for what we have and for those less fortunate.

A family is made up of many different things. It is a group of almost anything the mind can comprehend. It reminds me of the poem written by Henry Wadsworth Longfellow titled *Sermon of St. Francis*. The birds flock to St. Francis' parish every day to ask for food, and it is then that he teaches them of the wonders of God. Although he does not believe that the birds understand him, Francis is able to bring himself peace by doing this.

By acts of kindness to those things or people we cannot fathom, we are bringing ourselves closer to what Christ had envisioned. He wanted a world in which a life was so important that we could not conceive of any other kind of world. His was a life of sacrifice, a



Lighting the Way  
Joseph Thomas

sacrifice so important that He gave His very life.

When you give up something you love for the sake of another, do it for the right reasons. Do it because you cannot imagine doing anything else. Do it because your soul tells you it is right. Give for your family, friends, and people you don't even know. Do it because it is what makes your heart full, but, most importantly, do it for love. For love is all we have in the end, and it will be the greatest reward we will ever receive, overshadowed by God's forgiving grace and gleaming light.

May God bless you and keep you. May God bless our family, our Christian family, for the strength and character to survive. May the wind be forever at your backs and may His peace be with you always.

Joseph Thomas is a freelance writer and active in many diocesan and church ministries. He is a member of Gahanna St. Matthew Church. He posts his thoughts online at <http://truegiftoffaith.blogspot.com>.

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## THE KNIGHTS OF SAINT JOHN INTERNATIONAL SUPREME CONVENTION

Columbus Commanderies 97 and 98 of the Knights of St. John will host the order's international supreme convention at the Renaissance Hotel, 50 N. 3rd St., Columbus, from July 20-26. Members will gather from many parts of the world, including the Americas and West Africa, England, and Germany. The Knights of St. John seek to better serve their parishes, communities, and the world. For more information, contact Jim Schafhausen at [supremconv2014@aol.com](mailto:supremconv2014@aol.com).

## DELAWARE ST. MARY OPEN HOUSE

Delaware St. Mary School, 66 E. William St., will host an informational open house at 7 p.m. Wednesday, Feb. 12 for parents of preschool students entering kindergarten and for families whose children will be new to the school for the 2014-2015 academic year. Kindergarten teachers and school administrators will be at the event, and a tour of the school will be conducted. For personal tours or more information, call (740) 362-8961.



**Top:** The emergency room entrance at Mount Carmel Medical Center in the Franklinton neighborhood of Columbus.

**Below:** Renee Hawley, director of the crime and trauma assistance program offered for children and adults at the medical center by the Mount Carmel Health System since 1997.

Photos courtesy Mount Carmel Health System



#### BY TIM PUET

Reporter, Catholic Times

Anything which causes trauma in a person's life has a major impact, whether it's a one-time event like an auto accident or an abusive behavior pattern that's been occurring for a long period. The physical difficulties related to such occurrences often are readily observed and treatable, but their unseen effects can continue to devastate a trauma victim for years if the person can't turn to someone for help.

The Mount Carmel Health System's crime and trauma assistance program (CTAP), the only one of its kind in central Ohio, offers such aid to children and adults at no charge, using education, therapy, and individual and group support to help bring about recovery for anyone dealing with the aftereffects of a traumatic experience.

It was founded in 1997 through the efforts of former Mount Carmel staff member Dawn Gross. "Dawn saw in her work with trauma patients that they had a need no hospital in the area was fulfilling,"

said Mount Carmel CTAP director Renee Hawley. "It wasn't that difficult for hospitals to identify and take care of trauma-related physical symptoms and conditions and send the patients home, but the emotional and spiritual crises which also were connected to the trauma weren't being addressed."

Gross obtained grants through the federal Victims of Crime and Violence Against Women acts to start the program. Those grants were its principal funding sources for several years. Recent shifts in funding priorities mean the program is receiving less money from federal and state sources, but the Mount Carmel Foundation has increased its support of the program to minimize the impact of funding cuts elsewhere.

A grant from the foundation last year enabled the CTAP program to add new office space and two newly furnished group counseling rooms in its location at Mount Carmel Medical Center in Columbus' Franklinton neighborhood. The new space is being used every day by Hawley and Mount Carmel's five other CTAP

therapists. Hawley and four of her five colleagues are licensed independent social workers, with the fifth on track to obtain a license later this year. Office hours are 8 a.m. to 5 p.m.

Hawley came to Mount Carmel in May 2012 from the James Cancer Center at The Ohio State University, where she had been in charge of programs to help the children of cancer patients' families. Besides her CTAP work, she also is director of Camp Hope, a three-day Mount Carmel program held at Marmon Valley Farm in Logan County for people dealing with the loss of a loved one.

"I came to Mount Carmel because of the reputation its CTAP program has," Hawley said. "All my colleagues have been here for four to eight years. That's a long time in this kind of program, where the stress it involves often means people don't last. My work with cancer patients at the James made me more interested in trauma cases and made me realize this was the kind of work I wanted to specialize in, and there's no one I know of who does that type of work better than Mount Carmel."

All of Mount Carmel's CTAP counselors are trained in and regularly use cognitive behavioral therapy and a method known as EMDR (eye movement desensitization and reprocessing) to help patients deal with their trauma.

Cognitive behavioral therapy helps patients identify their negative thoughts and beliefs and the reasons behind them, and is used in all types of counseling. EMDR has proven particularly useful in helping trauma and post-traumatic stress patients since its introduction by a therapist named Francine Shapiro in the late 1980s and early 1990s. It emphasizes disturbing memories as the cause of trauma and was developed by Shapiro as a result of her observation that certain eye movements reduce the intensity of disturbing thought.

Hawley used the hypothetical case of an adult dealing with trauma as the result of an auto accident to illustrate how this type of therapy works.

"In working with this or any kind of trauma, we have people repeat the story of what happened over and over, dealing with it in a series of steps which ultimately leave them able to resolve their emotions about it," she said. "The therapy doesn't do anything to the memory of what caused the trauma, but allows people to get past the emotional barriers related to what happened.

"In the case of an accident victim, he or she may, for instance, break out in a sweat or start to breathe heavily or to shake whenever driving past the site where the accident happened on the way to and from work. These are physical reactions set off by the emotional triggers related to the accident. EMDR helps separate the physical and emotional aspects of what happened and ultimately allows

the patient to reach a point where he or she can go past that site without those responses."

Hawley said the treatment begins with a visit or two in which the patient talks about what happened in general, then focuses on a disturbing memory for about 15 or 30 seconds. "You can just see sometimes how people are reliving a painful event," she said. "Their eyes glaze over, or their hands and legs get agitated, or they'll hunch in a protective way. You can tell they may be physically in the office, but mentally, they're back at the place where the event happened.

"Sometimes something unrelated, like perhaps the boss yelling at you at work, will pop up in the middle of the discussion. When that happens, we ask people to create the mental equivalent of a lock box in which they can dump things like this, which aren't the source of the trauma but can add to it or bring it back in a way you didn't anticipate."



Traumatic events can affect young people such as the unidentified child shown after an auto accident in the picture below, provided by a photo service. © Jar-enwicklund/Dreamstime.com At right, Mount Carmel Health System crime and trauma assistance counselor Linda Strapp talks to a client. Photo/Mount Carmel Health

## MOUNT CARMEL TRAUMA AID PROGRAM IS UNIQUE TO AREA



At some point during this processing phase, the therapist initiates eye movement by moving his or her hands from side to side, with the patient instinctively following. A device known as a tapper also is used to provide alternating stimulation to the two sides of the brain. It consists of a control box with two pulsers, one held in each hand. The pulsers alternately vibrate like a pager or a cell phone, providing a gentle stimulation which many people find relaxing.

"After a while, the client is asked to visualize a disturbing image and match it with a positive thought," Hawley said. "This continues, with the help of the hand movements and the tappers, until the therapist and client believe the situation has reached a satisfactory point of resolution."

Hawley said that in the case of the hypothetical accident victim, this can take place in two to four sessions. However, most of the cases dealt with by her and the rest of the Mount Carmel CTAP team involve behavior such as sexual or physical assault, rape, domestic violence, stalking, hate crimes, suicide, homicide, gang violence, burglary, robbery, elder abuse, or child abuse. It can take a year and often more for a victim in such instances to reach a state of emotional stability.

The CTAP program covers people of all ages, including children as young as age 4. Special programs for them include the therapies mentioned above, modified for

specific age levels, plus play therapy, art therapy, or family and group therapy. An area set aside for children is part of the Mount Carmel CTAP office suite. Before a child's treatment begins, the child and a parent or guardian must be seen for initial assessment by a clinician.

"When Dawn Gross started this program, she knew it would serve the vulnerable people of the community, and that's who mainly uses it," Hawley said. Last year, the CTAP program assisted about 290 people, more than half of them with incomes of less than \$25,000 a year.

"Since there is no charge to participants, we see a lot of refugees, a lot of women, a lot of marginalized people, most of whom wouldn't have been able to afford access to a program like this," Hawley said. "It's a prime example of Mount Carmel living out its stated mission to provide care for the poor and the underserved."

CTAP also assists the people close to trauma victims who can be affected by a traumatic experience. When needed, it provides transportation to its offices and offers interpretive services. Additional services it can provide include court and legal advocacy; off-site services to clients without access to transportation or with disabilities; discussion groups for sexual assault victims in high schools; and trauma education to social service agencies and staff members.

For more information on the program, contact CTAP at (614) 234-5900.

## CATHOLIC SOCIAL SERVICES COUNSELING

BY TIM PUET

Reporter, Catholic Times

When life brings unexpected problems and people look for professional assistance to help them cope, Catholic Social Services offers counseling that goes beyond the physical and mental aspects of those difficulties by adding a spiritual perspective.

The diocesan agency has followed the principles of Catholic social teaching as the guiding philosophy of its work since its founding in 1945. It has always served people without regard to their religious background, and now is offering counseling with a prayer-based format to clients who express a preference for such a program when they call for an initial appointment.

Leah Hobbs, one of five counselors employed by the agency, has completed Biblical counseling training with Breakthrough Reconciliation Ministries, a Marion-based, nondenominational organization which for more than 25 years has helped counseling professionals who want to add a spiritual approach to the clinical training they have received.

Hobbs said the combination of the two encourages renewed hope in overcoming obstacles and injuries, as well as promoting emotional inner healing and freedom through Christ.

"Everyone has been wounded by life," she said. "Those wounds can create barriers to our relations with others and with God. I see God as love. If I can bring that to people in need and be the hands and feet of Jesus, that can be an agent for change."

Hobbs, who has been with CSS for the past three years, is a licensed independent social worker with bachelor's and master's degrees from The Ohio State University. Her training in spiritually based counseling enables her

to expand her use of cognitive behavioral therapy (CBT) in helping clients see their strengths and identify thought patterns that are holding them back from living a more satisfying life.

"CBT and my recent training with Breakthrough are a perfect match," she said. "CBT deals with examining a person's thoughts and identifying cognitive dissonance; that is, negative thoughts and beliefs. Unlike some other forms of therapy, the counselor and the patient actively work together to help the patient understand the reasons for negative feelings and find ways of overcoming them."

"CBT in the Christian context sees prayer as a great catalyst for change. Once we identify our brokenness, we can better relate to God and to others, see how faulty thinking perpetuates problems in those relationships, and work to overcome those problems."

Hobbs and Meredith Adams, a clinical supervisor and counselor with CSS for the past 10 years, specialize in maternal counseling, while also working with adults and adolescents who have a variety of problems. Hobbs has completed training as a postpartum doula – a person who provides support before and after labor but is not a doctor, nurse, or midwife. Adams, also a licensed independent social worker, has a bachelor's degree from the University of Dayton and a master's from OSU. She has significant experience in treating for mood and anxiety disorders in the perinatal period – the months immediately before and after pregnancy.

"Postpartum (after-birth) anxiety and depression is probably what I deal with most often with new mothers, and it's easy to understand why," Adams said. "Motherhood is a stress-filled thing for any woman, so it's understandable why a mother

may feel overwhelmed by it all – certainly with her first child but at any other time, especially if she's feeling pressure from herself, the people around her, or society in general to be 'the perfect mother.'"

New mothers often find it difficult to come to the CSS offices in downtown Columbus, so Hobbs and CSS counselor Andrea Rehl frequently visit homes to provide counseling there. In addition, the maternal counseling program just opened a satellite office at Columbus Holy Rosary-St. John Church, 648 S. Ohio Ave., and is taking referrals there.

Maternal counseling from the agency recently became available to anyone who is eligible for Medicaid. It previously had been limited to clients of the Columbus Health Department. Adams said most referrals to CSS for maternal counseling come from the department and from the high-risk pregnancy clinic at The Ohio State University, or are self-referrals.

CSS collaborates with two other multiagency groups in central Ohio – the Maternal Depression Task Force and the WIC Advisory Council – to coordinate services which benefit the health of infants and mothers. WIC (Women, Infants, and Children) is a federal program which provides supplemental foods, health care referrals, and nutrition education for mothers in low-income families and for their children from birth to age 5.

CSS regularly surveys its clients at random to determine the effectiveness of its work. Its most recent survey showed a 100 percent satisfaction rate, with the same percentage of clients also saying that they felt their counselors understood their needs and that they were served effectively. In addition, the agency's rate of successful outcomes as determined by the state Mental Health Department's measurements significantly exceeded the

goal set by the state. One such success involved Stephanie and Mark, a couple who were students at a diocesan high school a few years ago and had to deal with an unexpected pregnancy. "At 16 and 17, they faced a challenge they hadn't planned on and had to work through," said Adams, who counseled the couple. "Both of them were dealing with anxiety, depression, and the normal life changes any teenager would be going through at that point, combined with the change in identity they would undergo by becoming parents."

"Counseling was of great assistance in helping them get through this change and in their being able to maintain a stable relationship, as they chose to stay together. They are now married with another child, and spoke last year at Catholic Social Services' annual Breakfast with the Bishop to express their gratitude for what CSS did for them."

Hobbs gave an example of how spiritually centered counseling helped a woman overcome the effects of systematic sexual abuse. "What really was upsetting about this case was that the woman was part of a family that was active



Stephanie and Mark, a Columbus-area couple shown with their children, were aided by Catholic Social Services counselors. Photo/Catholic Social Services

in a church," she said. "Her mother knew of the abuse, and not only ignored it, but left her daughter with a sense that God did not view her as worthy."

"Jesus came to bind people's wounds and to set captives free, and in this case, to help deal with an incorrect view of how God feels toward us," Hobbs said. "We took her burden to the Lord, and I told her how sorry I personally was that she wasn't honored by the people who should have honored her. Once she realized this, she began a process of forgiveness and healing that is continuing. She's overcome a lot and is still fighting the negatives, but has come a long way, and things are looking brighter for her."

Anyone in central Ohio who feels he or she needs assistance from any CSS counseling program can call the agency at (614) 857-1218. First-time callers are directed to intake worker Lucy Cormier, who sets up an initial appointment within a few days. Appointments can be made for any time from 9 a.m. to 7 p.m. Monday and Friday, and 9 a.m. to 8 p.m. Tuesday through Thursday. CSS employs three other licensed counselors who, like

See CSS, Page 13

## Maturing Spirituality Webcasts

The Institute for Maturing Spirituality at the Martin de Porres Center, 2330 Airport Drive, Columbus, will present its fifth series of four webcasts this spring.

Dates, topics, and speakers are: Thursday, April 3, "Ethical Wills: A Legacy of Values" with Andrew Siegel, chief executive officer of GenShare LLC; Wednesday, May 21, "Growing Older and Wiser" with Father Thomas Ryan, CSP; Thursday, June 12, "Caregiving: A Gift in Disguise" with radio producer and reporter Connie Goldman; and Thursday, July 10, "Praising God Creatively" with artist Queen Brooks. All the programs will take place from 2 to 3:30 p.m.

A freewill offering will be taken at the door. Call (614) 416-1910 or email [martindeporres@opeace.org](mailto:martindeporres@opeace.org) to register.

The webcasts also will be shown at the same time at the Corpus Christi Center for Peace, 1111 Stewart Ave., Columbus. Call (614) 512-3731 for the presentations there.

Other individual faith and residential communities are invited to

subscribe to the series or to an individual webcast by sending in a registration form or registering online at [www.martindeporrescenter.net](http://www.martindeporrescenter.net) and clicking on the "Maturing Spirituality" link. Contact the center at (614) 416-1910 with questions.

Each webcast will include a formal presentation, followed by time for discussion among participants wherever they are located, and an opportunity to send questions and comments to the presenter for sharing with the audience in all locations.

The Institute for Maturing Spirituality offers interfaith programming in the areas of spirituality and holistic wellness, designed especially for adults in the second half of life, for their families, and for professionals who minister to their needs. Encouragement of intergenerational dialogue is an ongoing theme of Institute programming.

Questions about this distance programming may be addressed to the center's director, Sister Arleen Kisiel, OP, at (614) 416-1920 or [akisiel@opeace.org](mailto:akisiel@opeace.org).

## ODU Open House

Ohio Dominican University invites students and working professionals to its adult and continuing education open house from 6 to 7:30 p.m., Tuesday, Feb. 25 at ODU's Dublin location, 5605 Blazer Parkway.

Registration begins at 5:30 p.m., followed by the event at 6. Participants may register at [www.ohiodominican.edu/AdultContEdEvents](http://www.ohiodominican.edu/AdultContEdEvents), by calling (614) 251-7400 or by sending an email message to [adult@ohiodominican.edu](mailto:adult@ohiodominican.edu).

Attendees will receive information about program offerings, the admissions process, financial aid opportunities, and academic resources that are available. Attendees who apply to ODU will have their \$25 application fee waived.

"This is a wonderful opportunity for students to meet our counselors face to face, learn about ODU's accelerated formats and simple admissions process, and take that first

step toward completing or earning their degree," said Karen Gray, ODU's executive director of adult education. "ODU's Dublin location offers students in Dublin and Columbus' northwest suburbs a convenient way to earn their degree just minutes from where they live and work."

ODU offers a variety of undergraduate and graduate business degrees that may be earned by attending class one evening a week either in Dublin or at the university's main campus, 1216 Sunbury Road, Columbus.

This January, ODU launched a master of science degree program in medical practice management, as well as a certificate option.

The university also offers master of business administration degrees in both traditional and online formats. View ODU's entire academic offering at [www.ohiodominican.edu](http://www.ohiodominican.edu).



## Bishop Watterson Signees

Seven Columbus Bishop Watterson High School students recently announced their intent to play sports in college. They are (from left): first row, Wesley Graham, football, Ohio Dominican; Ellie Ganz, soccer, Wright State; and Dominic Lombardi, track and field, Drake; second row, Trevor Funk, soccer, Capital; Alec Greene, football, Miami of Ohio; John Bogue, football, Ohio Dominican; and Ryan Urquhart, football, Ohio Dominican.

Photo courtesy Bishop Watterson High School



Seven Columbus St. Francis DeSales High School students recently signed letters of intent to continue their playing careers in college. They are (from left): Josh VanCuyk, Wheeling Jesuit, hockey; Tucker Yinger, Dayton, football; Griff Saunders, Bowling Green, football; Kenya Cason, Connecticut, volleyball; McLean Fitzmartin, Wheeling Jesuit, lacrosse; Austin Jackson, Rollins, lacrosse; and Andrew Sparks, Walsh, football.

Photo courtesy St. Francis DeSales High School

CSS, continued from Page 12

Hobbs and Adams, work with individuals and families and also have particular specialties: Becky D'Alesio, who specializes in working with couples; Shani Topolosky, whose specialty is dealing with trauma cases; and Rehl, who mainly works with children.

Treatment is based on individual needs. Some potential clients are referred elsewhere if it's determined their needs can best be served by another agency. For instance, CSS does not do counseling for drug addiction, but makes referrals in such cases.

Clients are asked questions about their health history, current medications, employment history, and current relationships to provide their counselor with an overall picture of their circumstances. All such information is strictly confi-

dential between counselor and client.

There is no charge for the initial contact with CSS. Subsequent services are covered by most insurance companies, as well as Medicaid and private-pay insurance programs. Hours for the agency's office in downtown Columbus, where most clients are seen, are 8:30 a.m. to 7 p.m. weekdays.

Catholic Social Services is nationally accredited by the Council on Accreditation, which certifies that all operations and programs meet best-practices standards for professional service.

To learn more about CSS counseling programs, call the agency at (614) 221-5891, extension 218, visit its offices on the second floor of the Catholic Center, 197 E. Gay St. in Columbus, or visit its website, [www.colssc.org](http://www.colssc.org).

## Sixth Sunday in Ordinary Time (Cycle A)

## Jesus radically alters our understanding of the Law



Father  
Lawrence L. Hummer

**Sirach 15:15-20**  
**1 Corinthians 2:6-10**  
**Matthew 5:17-37**

We now enter the heart of the Sermon on the Mount. "I have come not to abolish (the Law) but to fulfill it" seems to contradict much of what Paul wrote, especially in Galatians and Romans. Some renowned scholars have even suggested that the Gospel of Matthew was written in part as a response to Paul's preaching of the Gospel. Matthew appealed to a faction of the early church which did not want to part ways with its Jewish roots. This gospel then provides an ongoing link with Judaism, from a late first-century Christian perspective.

In this sermon, Jesus radically alters our understanding of various statutes of the Law, and in the process requires of Christian disciples that their own righteousness must surpass that of the scribes and Pharisees or "you will not enter the kingdom of heaven." That is a sobering thought. What follows (in Matthew 5:21-48) shows what Matthew means by a "surpassing righteousness." It must be said that it causes more problems for would-be disciples in every age, not least in our own, than probably any other teaching of Jesus.

The fifth commandment says "You shall not kill." Jesus adds to this that it also refers to hatred of and attitudes toward others. All such behavior is important before the only judge who matters -- God. What we hold within ourselves is what God already knows and will be the basis upon which we are judged. The commandment not to kill is absolute. In the teaching of the Church, the taking of unborn life is as forbidden as capital punishment. But our attitudes about others are just as liable for judgment. This is the radical nature of the teaching of Jesus, and the

requirement it makes on us.

The sixth commandment forbids adultery. Jesus adds the requirement to not even look at anyone lustfully. Notice how the text seems to be addressed to men, inasmuch as Jesus says, "Anyone who looks at a woman with lust has already committed adultery with her." This is followed by the exaggerated claims to pluck out a problematic eye or cut off a problematic hand. These requirements are explained as Semitic overkill to make the point that we are as responsible for our thoughts as we are for our actions.

The commandment about divorce was not among the "big 10," but was found in Deuteronomy 24:1-4. It allowed a man to divorce his wife for practically any reason. If she remarried and then divorced a second time, she was then not permitted to remarry the first husband. Deuteronomy does not say anything about marrying someone else. It is restricted to her marrying her original husband.

In practice, marriage became a once-for-life relationship in the Old Testament. Under the influence of the Roman Empire, divorce became more common, but Matthew presents a more stringent portrait of marriage here, forbidding divorce except in the case of an "unlawful marriage." He is probably referring to marriages that Gentiles had entered into which did not consider Jewish restrictions regarding what degree of kinship two parties to a marriage enjoyed. Jesus says little about marriage, but what he does say favors the traditional view.

On oaths, Jesus says not to swear at all. "Swear" here means calling upon God to witness to the truth of what one is saying. Jesus says, "Do not do this." If you mean "Yes," say "Yes," and if you mean "No," say "No." Anything else is from the evil one. The Christian is supposed to be truthful. If we are, then there is no need to swear. Our "Yes" should mean "Yes" and our "No" should mean "No." We should never have to swear to the truth of something if truth resides in us. If it does not, then what we say doesn't mean much anyway.

Father Lawrence Hummer, pastor at Chillicothe St. Mary, can be reached at [hummerl@stmarychillicothe.com](mailto:hummerl@stmarychillicothe.com).

## CATHOLIC MAN, continued from Page 3

cluding sponsoring RCIA candidates, being an extraordinary minister of the Eucharist, and participating in the Holy Name Society, maintenance committee, liturgy committee, "That Man Is You!" and more. He also helped build the Children of Mary's chapel and retreat center in rural Licking County and continues doing ongoing maintenance there.

In the community, he is a member of the Madison Grange and a past member of the Goodwill Industries board, has been an auxiliary state patrolman for the last two decades, has donated nearly 20 gallons of blood to the American Red Cross, and helped start one of the first recycling programs in Heath.

Buttress was chosen for the award from among nine nominees. Others nominated were: Jeffrey Gardner, Columbus St. Catharine; Bill Hinger, Columbus Immaculate Conception; Bill Welch, Sunbury St. John Neumann; George Blubaugh, Columbus Our Lady of Victory; John O'Connell, Plain City St. Joseph; Joseph Regan, Columbus St. Mary Magdalene; Steve Boyden, Lancaster St. Mary; and Jeffrey Bernard, Gahanna St. Matthew.

The award was established in 1957. The recipient is chosen by members of the Catholic Men's Luncheon Club, the diocesan Catholic men's ministry, the Catholic Men's Retreat League, the Knights of Columbus, the Serra Club, and the luncheon club's chaplain.

## The Weekday Bible Readings

MONDAY  
James 1:1-11  
Psalm 119:67-68,71-72,75-76  
Mark 8:11-13

TUESDAY  
James 1:12-18  
Psalm 94:12-15,18-19  
Mark 8:14-21

WEDNESDAY  
James 1:19-27  
Psalm 15:2-5  
Mark 8:22-26

THURSDAY  
James 2:1-9  
Psalm 34:2-7  
Mark 8:27-33

FRIDAY  
James 2:14-24,26  
Psalm 112:1-6  
Mark 8:34-9:1

SATURDAY  
1 Peter 5:1-4  
Psalm 23:1-6  
Matthew 16:13-19

## DIOCESAN WEEKLY RADIO AND TELEVISION MASS SCHEDULE WEEK OF FEBRUARY 16, 2014

## SUNDAY MASS

10:30 a.m. Mass from Columbus St. Joseph Cathedral on St. Gabriel Radio (820 AM), Columbus, and at [www.stgabrielradio.com](http://www.stgabrielradio.com).

Mass with the Passionist Fathers at 7:30 a.m. on WWHO-TV (the CW), Channel 53, Columbus. Check local cable system for WWHO's cable channel listing.

Mass from Our Lady of the Angels Monastery, Birmingham, Ala., at 8 a.m. on EWTN (Time Warner Channel 385, Insight Channel 382, or WOW Channel 378)

(Encores at noon, 7 p.m., and midnight). Mass from Kenton Immaculate Conception Church at 10 a.m. on Time Warner Cable Channel 6 (Hardin County).

Mass from Portsmouth St. Mary Church at noon on Time Warner Channel 24 in Scioto County.

## DAILY MASS

8 a.m., Our Lady of the Angels Monastery in Birmingham, Ala. (Encores at noon, 7 p.m. and midnight) See EWTN above; and on 1-Lifetv (Channel 113 in Ada, Logan, Millersburg, Murray City and Washington C.H.; Channel 125 in Marion, Newark, Newcomerstown and New Philadelphia; and Channel 207 in Zanesville); 8 p.m., St. Gabriel Radio (820 AM), Columbus, and at [www.stgabrielradio.com](http://www.stgabrielradio.com).

We pray Week II, Seasonal Proper of the Liturgy of the Hours

## Accelerating Catholic reform

Two recent books suggest that, amidst challenges and problems, the pace of authentic Catholic renewal is accelerating in these United States.

Anne Hendershott and Christopher White's *Renewal* (Encounter Books) was nicely timed to coincide with Pope Francis' recently published comments on seminary reform. There, the pope stressed the imperative of integral formation, in which human development, spiritual growth, intellectual formation, and the development of pastoral skills mesh together in preparing the priests of the future.

As Hendershott and White demonstrate, American seminaries, once deeply troubled by the confusion of the immediate post-Vatican II decades, are at the forefront of that renewal, in ways that might well be imitated by other countries in the West.

The Long Lent of 2002, and the corruptions it exposed, made it clear that dumbing down seminary formation had disastrous consequences for the Church's ministry and credibility. Not without difficulty, the bishops of the United States took seminary reform in hand. And today, rather than playing defense, American seminaries like Mundelein in Chicago are exploring how the Church might go on offense—not in an offensive way, but by developing new models of a 21st-century apologetics that invites disenchanted post-moderns to experience the divine mercy and come to know the truths to which that experience leads.

As Hendershott and White show, the days of seminaries dominated by various forms of psychobabble are, in the main, over. Moreover, the recent increase in the number of applicants for priestly formation

## Harvey

*"I always have a wonderful time just where I am."*

— Elwood P. Dowd

And the Columbus Bishop Ready High School thespians believe their audience will have a wonderful time in the Ready Little Theater as the all-student production of *Harvey*, directed by Ready faculty member Jill Larger, takes the stage.

The Pulitzer Prize-winning comedy by Mary Chase provides roles for 12 Ready students.

The cast includes seniors Michael Osborn as Elwood, Trianna Connolly as his sister, Veta Louise Simmons, and Melanie Francis as Veta's daughter, Myrtle Mae Sim-



THE CATHOLIC DIFFERENCE  
George Weigel

demonstrates both the enduring influence of John Paul II (who many 21st-century seminarians continue to identify as their role model) and the importance of a strong sense of Catholic identity in attracting and forming future pastors.

That strong sense of Catholic identity will yield evangelical effectiveness if it is deepened by a man's immersion in the mystery of the Eucharist, in which the redemption wrought by the unique, salvific priesthood of Jesus Christ is extended through history sacramentally.

Cardinal Edwin O'Brien, himself a reforming seminary rector when that was no easy thing, once remarked that "a man will give his life for a mystery, but not for a question mark." That is why, in the reformed American seminaries of the 21st century, immersion in the eucharistic mystery, theological scholarship, pastoral skills, a strong sense of Catholic identity, and a commitment to evangelical mission go together.

And that, Hendershott and White suggest, is true of U.S. Catholicism as a whole, especially in its pastoral leadership. Among the most effective priestly and episcopal leaders in U.S. Catholicism today, there is no antinomy between pastoral compassion and evan-

gelical zeal, on the one hand, and robust Catholic identity, on the other. It's all of a piece. The growing ends of the Church in the United States are those that have grasped that truth and are living it in mission.

Then there is Duncan Stroik's splendidly illustrated essay collection *The Church Building as a Sacred Place: Beauty, Transcendence, and the Eternal* (Hillendbrand Books). The book's publisher takes its name from a pioneer of the Liturgical Movement in its classic period, Chicago's Msgr. Reynold Hillenbrand. And it's altogether appropriate that a house named in Hillenbrand's honor should publish 23 reflections by one of the architects who is leading American Church architecture into a nobler future.

If seminaries were in trouble in the immediate post-conciliar period, so was church design. Happily, the days of Pizza Hut "worship spaces" seem over. And in no small part that's because scholar-practitioners like Stroik have helped Catholicism rediscover how various classical approaches to architecture and decoration can suggest, through stone and glass and other worldly materials, something of the divine mystery at the center of Catholic worship.

Beauty, Stroik knows, is a uniquely attractive path to the true and the good in a world confused about truth and goodness. Thus, in the approach to church design and decoration taken by Stroik and those who share his convictions, the full richness of Catholic theology, not a spare modernism, informs the architect's vision and the Church's worship.

Identity and mission, as always, go together.

George Weigel is Distinguished Senior Fellow of the Ethics and Public Policy Center in Washington, D.C.



*"I've wrestled with reality for 35 years, Doctor, and I'm happy to state I finally won out over it."*

— Elwood P. Dowd

Will you see the rabbit?





CONCERT

# Danzmayr to Conduct ProMusica's Performances of MOZART'S "GREAT MASS"

Music director David Danzmayr will conduct the ProMusica Chamber Orchestra for a special presentation of Mozart's *Great Mass in C Minor* and contemporary composer Giya Kancheli's *Midday Prayers* on two evenings in February.

Acclaimed soprano Martha Guth will perform as solo vocalist in both pieces. In addition, the *Great Mass* will feature the Lancaster Chorale, Ohio's only 32-voice professional choir, with soprano Peggy Kriha Dye, tenor Benjamin Bunsold, and baritone Robert Kerr as soloists.

The performances will take place at 5:30 p.m. Saturday, Feb. 22 at the Pontifical College Josephinum, 7625 N. High St., Columbus, and 7 p.m. Sunday, Feb. 23 at the Southern Theater, 21 E. Main St., Columbus.

"The orchestra is excited to collaborate again with the Lancaster Cho-



rale for Mozart's *Great Mass*, which, although it's not performed nearly as frequently as his *Requiem*, is considered one of Mozart's most ambitious choral masterpieces," said ProMusica executive director Janet Chen. "We are

also very pleased to welcome the Lancaster Chorale and the soloists."

For its February program, ProMusica has chosen to highlight artists with Ohio roots. The Lancaster Chorale is based in central Ohio, and all of the soloists have ties to the area. The goal is to display the rich talent that has roots in central Ohio.

Canadian soprano Martha Guth is Ohio-educated, with an undergraduate degree from the Oberlin Conservatory of Music and a master of music degree from the Cincinnati College-Conservatory of Music.

Critically acclaimed international soprano and Opera Columbus general manager Peggy Kriha Dye has performed more than 30 roles with opera companies and orchestras worldwide. After attending The Juilliard School, she became an Adler Fellow with the San Francisco Opera.

Benjamin Bunsold has been a featured soloist in such works as Handel's *Messiah*, Haydn's *Creation* and *Lord Nelson Mass*, Schubert's *Mass in E flat Minor*, Vivaldi's *Gloria*, Orff's *Carmina Burana*, and Mozart's *Requiem*.

Canal Winchester resident Robert Kerr is honored to be making a second

appearance with ProMusica. Kerr has been a finalist in the Chester Ludgin international Verdi baritone competition.

The program opens with Kancheli's *Midday Prayers*. *The New York Times* said "Kancheli makes something theatrically religious of his *Midday Prayers*. The underlying mood is prayerful monotony, but solo clarinet lines give color and punctuation." Georgian-born Giya Kancheli composed the piece in 1991 as part of a series (consisting of morning, midday, evening, and night prayers) gathered into a cycle -- though not necessarily intended to be performed together -- called *Life Without Christmas*.

In contrast to Kancheli's work, Wolfgang Amadeus Mozart's *Great Mass in C Minor* was composed in 1782 and 1783 in Vienna. The large-scale work, set for two soprano soloists, a tenor and a bass, double chorus, and large orchestra remained unfinished. There has been much speculation among musicologists regarding the reasons why the work may not have been completed. Even in its incomplete state, it rivals Mozart's great compositions.

The Lancaster Chorale joins the orchestra for the *Great Mass*. It has performed with ProMusica on several occasions, including on its presentation of Bernstein's *Mass*, and is well-known for its musical integrity and remarkable blend. Formed in 1985 as a community choir and becoming professional in 1989, its "pure sound" has attracted national attention.

With a reputation for superb ensemble singing, the chorale has received funding through grants from the Don Wendel Family Fund of the Fairfield County Foundation, Ohio Arts Council, Arts Midwest, Presser Foundation, and SBC Ameritech.



CONCERT SERIES

## CONCERTS IN A COUNTRY CHURCH

Washington Court House St. Colman of Cloyne Church, 219 S. North St., will present another in its series of "Concerts in a Country Church" at 3 p.m. Sunday, Feb. 16.

Craig Jaynes, the church's music director and organist, will be joined by soloists from Cincinnati, Dayton, Columbus, and Cedarville in performing a program which will cover a wide range of eras and styles, from the time of Bach to the present day.

Soloists will be Julie Collins, oboe; Ethan Wintrow, cello; Clark Becker, alto saxophone; and Beth Porter, soprano. Jaynes will be recalling his 52 years as a church musician with his solo selections, and the soloists will be performing musical favorites of their own, which also will demonstrate the effectiveness of the church's new organ as an accompanying instrument.

Composers represented will include J. S. Bach, C.P.E. Bach, Barber, Dupre, Gounod, Handel, Hovhaness, Piazzolla, Saint-Saens, and Shearing.

The requested donation for this program is \$10 per person (\$5 for senior citizens and students) at the door.

## RECOVERY CONTINUES IN PHILIPPINES THREE MONTHS AFTER TYPHOON HAIYAN



Residents of Tacloban, the Philippines, rummage through debris left by November's Typhoon Haiyan. According to the Philippine government, more than 500,000 homes were destroyed by the powerful typhoon. CNS photos/Tyler Orsburn

Children's toys and other items are seen on the grave of a young Typhoon Haiyan victim in Palo, the Philippines, on Feb. 7. That day, just across the street from this improvised cemetery, the remains of 16-year-old John Steve Cobacha were discovered.



A man helps build a new shelter in Barangay Cabarasan Guti, near Tanauan, the Philippines.



Louisville, Ky., Archbishop Joseph E. Kurtz, president of the U.S. Conference of Catholic Bishops (left), and Oklahoma City Archbishop Paul S. Coakley, chairman of Catholic Relief Services, tour a community in Tanauan, the Philippines, that was hit by Typhoon Haiyan in November.



# MARCH FOR LIFE REFLECTION

**By Emily Maurer**

*Senior, Columbus Bishop  
Watterson High School*

I SIGNED UP TO GO TO  
THE MARCH FOR LIFE  
BECAUSE I WANTED  
A CHANCE TO STAND UP  
FOR WHAT I BELIEVED IN

**Pictured: Emily Maurer (left) and Marisa Phelps; (below) Caroline Canute (left), Madison Kerscher, Maria Simmonds, Kaley Thompson, AJ Kilibarda, Joel Silleck, and Kyle Simmond.**  
Photos/Watterson HS

## RALLY AND CONCERT

It's hard to pick just one thing I loved about the trip. At the "Life Is Very Good" rally in Fairfax, Va., the night before the march, there was a lot that touched me about the whole night. I loved how they offered Reconciliation the entire night. The line was so long it just made me stop and think about the power of penance.

The two speakers we listened to, Father Agustino Torres, CFR, and Mary Bielski, were so powerful as they spoke about the meaning of life. One thing that really stuck out was their reminder that respect for life is for more than just for the unborn. Every person – young, old, or unborn – is worthy of respect.

After hearing that, I realized that sometimes, we all slip away from this and tend to forget about all of the different walks of life. I decided that I would try to adopt that motto into my life and try to remind myself of what they said every day.

We also had the opportunity to see Matt Maher perform. His concert was so much fun and proved to me that being Catholic can be fun and that it is also for my generation. After getting

back from D.C., I cannot stop listening to his music. After Matt sang, we had Adoration. As they were walking in with the Blessed Sacrament and as everyone was on their feet singing, I got chills and it brought me to tears.

It's hard to explain, but at that moment and all throughout Adoration, I could really tell that Jesus was there with us, so I decided that I would try to go to Adoration at least once a week for a little bit.

## MORNING MASS

On the day of the march, we had Mass and a morning rally. It was cool to see the amount of priests, deacons, bishops, and seminarians that were there. The presiding bishop (Bishop Paul Loverde of Arlington, Va.) said he tries to lead by example, and he told us he was walking in the march with us. That surprised me, because he was not exactly young.

I liked how there were nuns and seminarians there who looked only a few years older than me. Seeing how young they were made me think that I need to listen for God's call in my life, too.

## THE MARCH

There were so many people at the march it was easy to get lost. I had to walk arm-in-arm with my friends so



we would stay together. When you are walking in the march, you don't realize how many people are actually there. You just see the people around you. But when you turn around or when there is a hill, you can see the amount of people ahead and behind you. It takes your breath away and gives you goose bumps.

I loved how many people were there to stand up for what they believe in. It was amazing to meet people from all over America who were there to practice their faith. I had never really realized how powerful being Catholic can be. I felt so empowered to be in a place where practicing your faith was the norm.

Being surrounded by people from all over who believe in the same things I do made me feel like I was exactly where I was supposed to be. This trip was an extremely powerful experience, and I hope to continue to have the opportunities to practice my faith and to stand up for what I believe in.

